



History of Current Condition

Name : _____ Birthdate: _____ Date: _____

Referring Physician: _____ PCP: _____

Occupation: _____

Where is your problem *located*? _____

When did it happen? (Date of Injury) _____

How did it happen? _____

How *severe* is your problem? Mild Mod Severe Other: _____

Where is your pain? Front Back Side Other: _____

What is your pain quality? Dull Sharp Aching Stabbing Throbbing Shooting
 Sore Other: _____

When does it occur? Constant Daily In the AM At sleep
 End of day During activity After activity Occasional

What makes it better Ice Heat Rest Elevation Other: _____

What makes it worse? _____

Associated Symptom. Weak Numbness Tingling Popping
 Catching Grinding Locking Buckling
 Pain with overhead activity Other: _____

What treatment have you tried? Physical Therapy Injections Medication
 Surgery Bracing
 Other: _____

Have you ever injured this befo Yes No
 If Yes Explain: _____

Continued on reverse side