



8. Is it difficult for you to put on a coat? (Please select one)
- Unable to do
  - Very difficult to do
  - Somewhat difficult to do
  - Not difficult
9. Is it difficult for you to sleep on the affected side? (Please select one)
- Unable to do
  - Very difficult to do
  - Somewhat difficult to do
  - Not difficult
10. Is it difficult for you to wash your back/do up a bra? (Please select one)
- Unable to do
  - Very difficult to do
  - Somewhat difficult to do
  - Not difficult
11. Is it difficult for you to manage toileting? (Please select one)
- Unable to do
  - Very difficult to do
  - Somewhat difficult to do
  - Not difficult
12. Is it difficult for you to comb your hair? (Please select one)
- Unable to do
  - Very difficult to do
  - Somewhat difficult to do
  - Not difficult
13. Is it difficult for you to reach a high shelf? (Please select one)
- Unable to do
  - Very difficult to do
  - Somewhat difficult to do
  - Not difficult
14. Is it difficult for you to lift 10 pounds above your shoulder? (Please select one)
- Unable to do
  - Very difficult to do
  - Somewhat difficult to do
  - Not difficult
15. Is it difficult for you to throw a ball overhand? (Please select one)
- Unable to do
  - Very difficult to do
  - Somewhat difficult to do
  - Not difficult
16. Is it difficult for you to do your usual work? (Please select one)
- Unable to do
  - Very difficult to do
  - Somewhat difficult to do
  - Not difficult
17. Is it difficult for you to do your usual sport/leisure activity? (please select one)
- Unable to do
  - Very difficult to do
  - Somewhat difficult to do
  - Not difficult